



News

Adventure Activities in The Lake District

Below are details of events and courses in the next few weeks.

Half Term Events. (Sat February 13th -Sun February 20th)

Family Activities available all week. Half day sessions are £25 per person.
Family Adventure days (9.30am until 4.00pm) with 2 activities are £180 per family.
choose from our selection of kayaking , canoeing, abseiling , gorge walking (Please note that for gorge walking at this time of year children 14years and above.)

Remember that we provide full wetsuits and water proofs for all water based activities.

Advanced Booking Essential

We would also be able to put on some **moving water kayak courses** if demand was there.

Breaking News

Even if you are relatively new to kayaking our touring kayaks could be just the thing to give you that sense of getting out on that journey on the lake. We have invested in more touring kayaks so you can live the dream of being good enough to go somewhere.. even if you're a relative novice. Check out kayak touring at www.jointadventures.co.uk/kayak_touring.htm

Skills Courses

We also have the following skills courses on:

Kayaking

- Kayak Touring on the lakes. Sat 13th February (one day), 30th 31st March, 17th 18th April 29th 30th May
- Introduction to kayaking one day courses: 3rd April, 29th March 15th May.
- BCU 2 star Training/Assessment 3rd 4th April, 12th 13th June, and 17th 18th July.
- Introduction to moving water (kayak) 6th 7th March 2010

- BCU 3 star training/assessment 15th 16th February, 6th 7th March, 5th and 6th April.

Canoeing

- Introduction to canoeing one day courses: 28th March, 3rd April 2010.
- Introduction to canoeing two day courses 3rd 4th April 2010.

Bush Craft

- One day introduction to Bush Craft: 13th March, 1st May
- One day one night introduction to Bush craft: 13th 14th March, 1st 2nd May
- Two day two night course: 16th 17th 18th April, 18th 19th 20th June

Rock Climbing

- Rock climbing for beginners: 10th 11th April, 24th 25th April, 5th 6th June.
- Rock climbing for intermediates 5th and 6th April **This course will be suitable for children 13 and over.**

If you would like further details on any of these courses, then please contact us, and we will be happy to help you. www.jointadventures.co.uk or 015394 41526.

If you no longer wish to receive this News Letter then please click the link to unsubscribe. http://www.jointadventures.co.uk/news_letter_page_unsubscribe.htm